

## ABSTRACT OF THE INVENTION

**[0024]** Systems and methods for reattaching severed tendons and ligaments are disclosed. According to a preferred embodiment, the system comprises first and second segments a suture or cord that each have at least one anchor mechanism formed along the length thereof. Each respective suture cord segment is axially positioned within respective ones of the severed tendons and, by virtue of the anchor mechanisms formed on such cords, remain securely nested axially therewithin. A fastener member, formed on the ends of the suture cord segment, deposited within the respective ends of the tendon and are coupled to one another to thus cause the tendon to become reattached.